

NFNLP Certification

NLP Basic Practitioner 4 Days | Online Workshop

NFNLP (USA)'s commitment to excellence

UPCOMING BATCH

4 DAYS | ONLINE | JANUARY 2026
with Dr. Sumathi Narayanan

Dates: April 4, 5, 11 & 12, 2026 | 9.30am to 6.30pm IST



NLP is a way of life



Neuro-Linguistic Programming – NLP is the science of excellence.

It offers practical and rapid methods for personal growth and influence. It is the study of how people do things, how they think, process information, behave and about using what works and discarding what does not. NLP is used extensively in Business, Law & Sales and has seeped into every self-help or business communication book.

NLP began in psychology, helping therapists achieve quick, long lasting changes in their patients. Today it is used successfully in areas such as Personal Growth & Improvement, Work, Business, Therapy, Teaching, Training, Learning, and Quality Health Care.

In this workshop, you will

- Learn over 40 hours live
- Obtain hands-on experience in NLP
- Sharpen your therapy skills in ways you never thought possible
- Learn everything you need to use NLP in your life now!

You can change your brain and keep the change

Who will benefit

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This course is essential for anyone serious about truly fulfilling his or her potential. It will benefit everyone from a recent graduate to a top executive, irrespective of profession or discipline.

CEO's, Managers, Businessmen, Consultants, Trainers, Doctors, Lawyers, Accountants, Teachers and **other professionals** will find it rewarding.

An investment of 4 days and a nominal fee will give you insights and abilities you never thought possible. Receive the benefit of years of experience in just hours. You will bring home proven techniques to improve your client's lives NOW! You will be experiencing a personal transformation that will leave you inspired, informed and motivated

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NLP

- NLP is the New Technology of Achievement and Modelling Excellence
 - It is an attitude, methodology and powerful structure that can be modelled, learned, taught and re-programmed.
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You can change your brain and keep The change

NFNL Certified Basic Practitioner

What you'll learn



Relationships

- Build and maintain rapport
- Talk another person's language
- Determine what's important to others
- Make meetings work
- Mediate and negotiate better

Communication

- Communicate clearly and effectively
- Use metaphors effectively
- Recognize powerful language patterns
- Gather high-quality information
- See inside others

Outcome & Change

- Generate well-formed outcomes
- Design interventions for change
- Create context for success
- Change behaviors positively

Awareness

- Increase sensory awareness
- Develop behavioral flexibility
- See, hear, feel more
- Understand others deeply

Inner Strength

- Personal state of excellence
- Be at peace with yourself
- Manage depression and stress
- Discover what's important to you
- Boost creativity and resilience



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Workshop Content

Core Skills

- Building & maintaining rapport
- Maintaining rapport with groups
- Asking the right questions
- Improving personal/professional relationships

Perception

- Seeing and hearing expertly
- Eye accessing cues
- Using client's resistance to your advantage

Mind Shifts

- Changing personal history
- Turning negatives into positives
- Reframing your life
- Making rapid, lasting changes

Inner Healing

- Quick impact therapy
- Fast phobia cure
- Anchoring techniques

Power Tools

- Accessing personal strengths and resources
- Solving problems at the subconscious level
- Re-parenting your inner child



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Your NLP Trainer

Dr. SUMATHI NARAYANAN, Ph.D., Doctorate in Human Development, Certified PLATINUM MASTER TRAINER of NFNLP, USA conducts regular Certified NLP Basic, Master Practitioner and Trainer's Training workshops.

She is a Corporate Trainer with over 40 years' experience and is **President, Creative Communication and Management Center, Chennai**. Trained in NLP under Dr. Richard Bandler, Dr. William Horton, Dr. Richard McHugh, Dr. Reza Borr, Mr. Mick Lawrence, & Mark Andreas, she actively uses and applies NLP in all her workshops, counselling and teaching.

She is a Counselor and an ACA Certified Professional Supervisor for Counselors; Founder member & former Secretary, Indian Academy of Professional Supervisors and former Treasurer and Secretary of Chennai Counselors' Foundation. She is Founder member and former Secretary, TA Study Circle (Madras) and Founder member of The Hypnotique Circle (Madras).

for more details, visit drsumathi.com



Register Now

LIMITED SEATS!!!
REGISTRATION ON PAYMENT

 **TO REGISTER, CALL**

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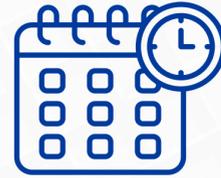
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Experience The **NEW YOU.**



Workshop Details



Saturdays & Sundays

April 4, 5, 11 & 12, 2026

Timings 9.30 am to 6.30 pm IST

Course Fee:

Online: ₹25,000/-

(Early bird discount of INR 5,000/ applicable before March 25th, 2025)

Certificate will be issued by NFNLP, USA within 6 weeks of completion.

Note:

- Your requirement for the online session would be a Desktop /Laptop with good internet connection along with Audio/Video support.
- Attendance is mandatory for all sessions.

Bank Details for NEFT Transfer

Creative Communication and Management Center

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IFSC Code: PUNB0106310



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